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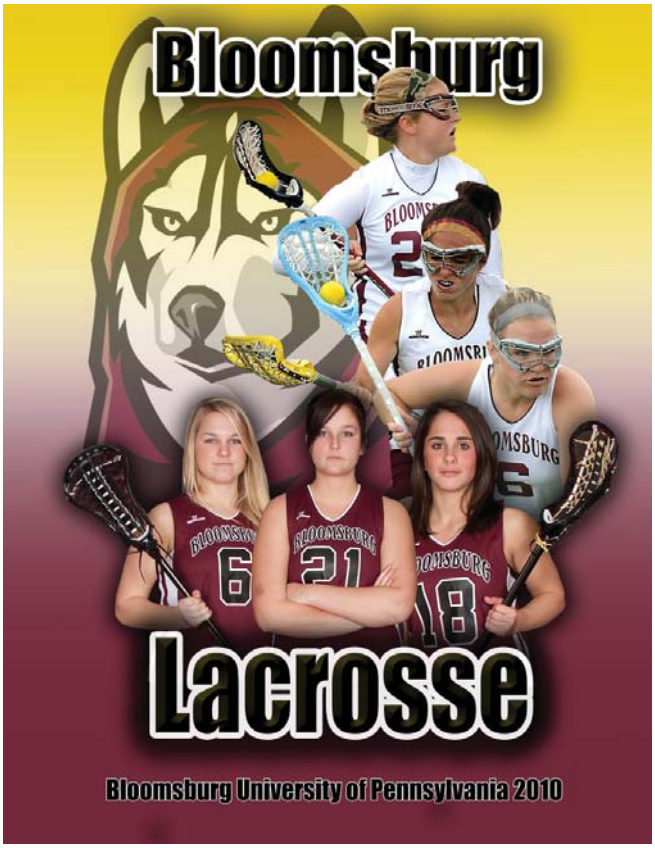
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On the Cover: (From Left) Captains Kim Springman, Kelsey Schwan and Tia Mazzie

Credits
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Bloomsburg Quick Facts

Location ..... Bloomsburg, Pa.
President ..... Dr. David L. Soltz
Founded 1839
Enrollment 9,400

Affiliation ..... NCAA Division II
Conference ..... Pennsylvania State Athletic Conference (PSAC)
School Colors ..... Maroon & Gold
Team Nickname ..... Huskies
Arena ..... Sports Stadium
Capacity 700
Athletic Director ..... Mary Gardner
Athletic Department 570-389-4050
Website ..... buhuskies.com

Head Coach ..... Leah Quigley Carr
Carr Office ..... (570) 389-4972
Carr E-Mail ..... lcarr@bloomu.edu
Assistant Coach ..... Gary Agard
Agard Office ..... (570)-389-5341
Agard E-Mail ..... gagard@bloomu.edu
Athletic Trainers ..... Allen Larsen, Roxanna Larsen, Dave Huber
Training Room 570-389-4369

Media Information

For media credentials, photos, stories, statistics or to arrange an interview with a coach or student-athlete, contact Tom McGuire, Director of Sports Information, Athletic Marketing, and Promotions.

All members of the media are welcome to visit the Huskies' home sporting events. If members of the media are interested in covering a Bloomsburg University game, please contact the Office of Sports Information for assistance.

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Phone: (570) 389-2767

Primary Radio and Television Outlets

WHLM Radio
124 E. Main Street
Bloomsburg, PA 17815
(570) 784-1200

WBRE-TV (28)/WYOU-TV (22)
62 South Franklin Street
Wilkes-Barre, PA 18703
(570) 823-2828

WNEP-TV (16)
16 Montage Mountain Road
Moosic, PA 18641
(570) 826-1616

Primary Newspapers

Associated Press
Suite 250
One Franklin Plaza
Philadelphia, PA 19102
(215) 561-1133

Citizen's Voice
75 N. Washington St.
Wilkes-Barre, PA 18711
(570) 821-2062

Daily Item
200 S. Market St.
Sunbury, PA 17801
(570) 286-5671

Danville News
14 East Mahoning St.
Danville, PA 17821
(570) 275-3235

Milton Standard
19 Arch St.
Milton, PA 17847
(570) 742-9671

News-Item
701 North Rock St.
Shamokin, PA 17872
(570) 648-4641

Patriot News
P.O. Box 2265
Harrisburg, PA 17105
(717) 255-8180

Press Enterprise
3185 Lackawanna Ave.
Bloomsburg, PA 17815
(570) 784-2121

Standard Speaker
21 N. Wyoming St.
Hazleton, PA 18201
(570) 455-3636

Sun Gazette
252 W. Fourth St.
Williamsport, PA 17701
(570) 326-1552

Times Leader
15 N. Main St.
Wilkes-Barre, PA 18711
(570) 829-7229



Dr. David Soltz
President



Mary Gardner
Director of Athletics



Kathy Heitzman
Associate Director of Athletics



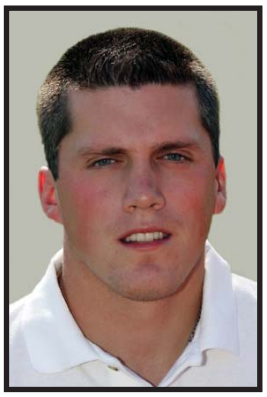
Kevin Wood
Athletic Operations



Tom McGuire
Director of Sports Information/Athletic Marketing



Doug Lizardi
Equipment Manager



Allen Larsen
Athletic Trainer



Roxanna Larsen
Athletic Trainer



Dave Huber
Athletic Trainer

ABOUT BLOOMSBURG

Bloomsburg University, a member of Pennsylvania's State System of Higher Education, is a four-year coeducational public university founded in 1839. Through the stages of its development from a normal school to a teachers college to a multipurpose state college and finally to a university in 1983, the institution has retained its emphasis on liberal arts and career education.

Bloomsburg is recognized as one of the best 100 public universities in the United States, and excellence, ranging from its 18 national championships to its international reputation in a number of its academic programs, is an attitude found throughout the faculty and staff.

About 90 percent of Bloomsburg's students come from throughout Pennsylvania, creating a diverse mix of cultures and ideas. It's a place where friendships that last a lifetime begin. And it's a busy place — with more than 160 student organizations and activities, NCAA Division II athletic programs and a popular recreation center.

The university's Division of Continuing and Distance Education serves students through nondegree credit courses, noncredit minicourses, off-campus classes, credit for life experience and distance learning courses on public television.

The Town of Bloomsburg, located in the Susquehanna River Valley, has a population of about 12,000 people. The central business district is just three blocks southwest of campus, and includes more than 80 retail stores, restaurants, and the Bloomsburg Fair in September. More stores, restaurants and theaters can be found along nearby Route 11 and at the Columbia Mall, northwest of town.

The university is within a one-hour drive from such cities as Hazleton, Williamsport, Wilkes-Barre and Scranton; 1.5 hours from Harrisburg; 2.5 hours from Philadelphia; 3 hours from New York City and Baltimore; and four hours from Pittsburgh and Washington, DC.

Head Coach
Leah Carr



Leah Quigley Carr begins her fourth season as head coach of the Bloomsburg University women's lacrosse team. In her first three seasons, Carr has led the Huskies to an mark of 30-23 with three PSAC playoff appearances.

She has coached 15 All-PSAC players, three All-Region players and one All-American and was named the PSAC East Coach of the Year after leading the Huskies to a 12-6 mark in reaching the semifinals of the PSAC playoffs.

Prior to Bloomsburg, Carr coached the junior varsity field hockey team at Methacton High School leading the team to a mark of 11-5-4. She also served as assistant varsity coach and helped the team to a record of 17-3 and the Suburban I League title.

Carr played collegiately at East Stroudsburg University, where she earned All-PSAC honors three times and was named the PSAC Rookie of the Year and first team All-ECAC in 2002. The former All-American was twiced named the ESU Lacrosse Outstanding Athlete and finishes her career with 129 goals and 60 assists.

Carr is a 2005 graduate of East Stroudsburg with a degree in Sport Management and currently serves with the Student-Athlete Advisory Committee (SAAC) at Bloomsburg. She was married in the summer of 2008 to John Carr and resides in Bloomsburg.

Carr's File

Year	Overall	PSAC	Finish
2007	9-8	9-5	Third
2008	9-9	9-5	Third
2009	12-6	8-2	East Second
Totals	**30-23**	**26-12**	

Assistant Coach
Gary Agard



Gary Agard is entering his sixth season as assistant coach at Bloomsburg.

A native of Trinidad and Tobago, Agard was a member of both the Jr. and Sr. national teams from 1981 to 1983. During the 1980's he continued to play local hockey for the Rangers field hockey club, a team comprised of nine members of the national team.

In 1992, Agard came to the United States to pursue a college degree. Here, he coached with the late Michael Graham who was, at the time, one of the selectors for the United States Men's National team and the head coach of the Tristate Falcons Field Hockey Club.

After graduating from Brooklyn College in 1996 with a degree in Physical Education, Agard continued to play and coach for Tristate. The team was the champions of the North East Field Hockey Association from 1996-2001. In 2000, the team represented the United States at the inaugural Pan Am Field Hockey Club Championships held in Jamaica.

In addition to his duties in lacrosse, Agard is also the assistant coach of the Huskies' field hockey team and has helped the team win back-to-back NCAA Division II national championships.

Agard, who has his Master's Degree in Education, resides in Bloomsburg.

Any coach will you tell you that if you can get a team to work hard and challenge itself to be better, there isn't much more you can ask of them. Bloomsburg University lacrosse coach Leah Carr has just a team in 2010.

"The team has been working extremely hard and has applied themselves in the off-season," said Carr, the 2009 PSAC East Coach of the Year. "They challenged themselves to be better players than last year and I think all that hard work will payoff for them with the goal of winning a PSAC title and earning an NCAA playoff bid."



Carr

The key offensive players this season will be led by 2009 PSAC East Freshmen of the Year Samantha King, Tia Mazzie, Kim Springman, Allie Kakareka and freshman Sam Mazzie. King was third on the Huskies in scoring last year with 41 goals and five assists for 46 points. Mazzie totaled 40 points on 32 goals and eight assists, while Springman led the Huskies in scoring with 52 points, 28 goals and a team-high 24 assists. Kakareka also had a big freshman year for the Huskies with 31 goals and eight assists.

"I am excited for our attack this year," Carr continued. "This group of players is probably the best attack unit we have had in the last four years as far as what they can accomplish on the field."

Additional attack players include Kelsey Schwan, Ruth Costanzo, Kelsey Paulsen, and Kelsey Metzler.

Bloomsburg's midfield has great speed, agility, and game sense, and will be expected to join the attack and defense as threats. Freshmen Maggie Canavan, Natalie Draham, Monica Novielli, Sarah Bennett, Lyndsey Babilon , and Gabby Lochetto will be members of the midfield unit, providing depth and speed to an already solid roster. Key returning midfield players Tia Mazzie, Lindsey Kupferschmidt.

The Huskies defense will be led by Ashley Bowers , Rebecca Belmonte, Courtney Martin, Amber Shifflett, Deanna Hauser and freshmen goalkeeper Selby Iezzi.

"We lost Andrea Schweitzer to graduation, and she was a dynamic player and will be tough shoes to fill," said Carr. "That being said, it is easier to replace one player than an entire unit. We do bring back the rest of our defense with experience and speed."

"Ashley Bowers, a three-year starter, has a lot experience which makes her tough," said Carr. And while some people might overlook Rebecca Belmonte, what she does on the field on a consistent basis is very impressive. The goalkeeper position is unforgiving because if you have a bad day it can be glaring. I believe that Shelby's hard work in practice created the consistency that she displayed this preseason. Fellow freshmen Devyn Mulholland will also be expected to spend some time in cage as well."



Bowers

Carr knows the PSAC is always tough, led by two perennial powers.

"We respect all the teams in the PSAC, which has good teams from top to bottom," Carr said. "However, our main opposition will come from Lock Haven and West Chester. We believe the hard work that the players did during the off-season will make us more competitive against those teams."